



Lawrence County School System Trend Report CSH Overview Summary

The following information is a summary of CSH activities and accomplishments since the formation of CSH in the Lawrence County School System.

CSH Infrastructure Established

An infrastructure for CSH has been developed for the Lawrence County School System that includes:

- School Health Advisory Committee
- Twelve Healthy School Teams
- School Health Policies strengthened or approved include the wellness policy, Coordinated School Health, nutrition, physical activity/physical education policy, comprehensive health education, health services, staff wellness, health school environment, mental health and student/family/community involvement.
- Total amount of grant funding and in-kind services/materials secured by CSH to expand school health capacity for our LEA totals \$117,586.00.

Community partnerships have been formed to address school health issues. Current partners Include:

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| ➤ Lawrence County Health Council | ➤ Lawrence County Volunteer Fire Depts |
| ➤ Lawrence County Safety Council | ➤ Lawrence County Chamber of Commerce |
| ➤ Lawrence County Health Dept. | ➤ Lawrence County Education Foundation |
| ➤ Crockett Hospital | ➤ Lawrence County Arts Commission |
| ➤ UT/TSU Extension Office (TNCEP) | ➤ Lawrence County Sheriff's Dept. |
| ➤ Lawrence County Chapter of the American Red Cross | ➤ Lawrenceburg Police Dept. |
| ➤ City of Lawrenceburg | ➤ District Attorney Mike Bottoms and staff |
| ➤ Lawrence County Executive | ➤ Centerstone Mental Health Center |
| ➤ County Commissioners | ➤ Home-Front Realty |
| ➤ Lawrenceburg Rotary Club | ➤ The Advocate Newspaper |
| ➤ Lawrenceburg Lions Club | ➤ The Democrat Union Newspaper |
| ➤ Lawrenceburg Kiwanis Club | ➤ WDXE AM and FM Radio |
| ➤ Lawrence County Ambulance Service | ➤ WWLX Radio AM and FM |
| ➤ Lawrenceburg Fire and Rescue | ➤ First Farmers National Bank |
| | ➤ Bank of America |
| | ➤ Suntrust Bank |

- Hughes-Parker Industries
- Modine Industry
- Dura Automotive
- Jones Apparel
- UCAR
- TVA
- Dr. Norman Henderson
- Dr. Keith Tolar, Pediatrician
- Dr. Shelia Aldrich
Pediatrician
- Dr. Scott Benefield,
Pediatrician
- Rapid-Care Walk-In Clinic
- One-Stop Medical Walk-In
Clinic
- Express-Med Walk-In Clinic
- Lawrence County Career
Center
- Tennessee Technology
Center
- A Kid's Place"
- Bank of Frankewing
- Rogers Group
- David Weathers Charities,
Inc.
- McDonald's
- Wendy's
- Lawrenceburg Pilot Club
- City of Ethridge
- Sharp's Transport
- Jones Home Furnishings
- Edwards Oil Company
- Rep. Joey Hensley
- NHC Health Care Brink
- NHC Home Care
- NHC Scott Health Care
- First Volunteer Bank of
Lawrence County
- Green Bank
- Save-A-Lot Grocery Store
- Tietgens Super Rama
Grocery
- Farmer's Supply Company
- Hardee's in Loretto and
Lawrenceburg
- Sears
- Shoneys
- Lawrenceburg Utility and
Power System
- Kroger
- Dominos Pizza
- Little Caesar's Pizza
- Pizza Hut
- David Crockett State Park
- Farm-Bureau of Lawrence County
- Swap and Shop Center
- Country Cottage Assisted Living
- The Summit of Lawrenceburg
- Harwell, Plant and Williams
Attorneys
- Law Office of Mike Harris
- Law Office of Ron Freeman
- Heritage Automotive
- Johnson-Messer Body Shop
- U-Save Car and Truck Rental
- H.B. Brink Lumber Company
- Charter Communications
- Ivy Place Catering
- Remke Eye Clinic
- Doss Brothers General Contractor
- TRIMAX Builders
- The Shelter, Inc.
- John Beasley, DDS
- Buffalo Valley, Inc.
- Lawrenceburg Physical Therapy
- STAR Physical Therapy
- CURVES
- Lawrence's Farmers Co-op
- Lawrenceburg Florist
- McKelvey's Flowers
- State Farm Insurance
- Southern Office Printers and
Supplies
- Liberty Drug Store
- Walgreens
- Mac Brown Photography
- First Breath of Life Pregnancy Crisis
Center
- OMNI Vision
- Youth Villages
- Lifecare
- Lawson's Clothing
- Charlie Brewer Sliders
- Dr. Shane Robinson, Pediatrician
- Dr. Shelia Aldrich, Pediatrician
- Lawrence County School System
School Board Members (past and
present)
- Aaron's Sales

Parent and Student Involvement Developed:

Parents are involved in numerous CSH activities such as Healthy School Teams, planning for healthy school functions e.g. 5K Runs, Fitness Fairs, and school health screenings. Currently, over 1,000 parents are collaborating with CSH.

Students have been engaged in CSH activities such as Healthy School Teams, health education for younger children (health fairs, fun runs) and Safe and Drug-Free Education (skits). Approximately 110 students are partnering with CSH to address school health issues.

School Health Interventions

Since CSH has been active in Lawrence County the following health interventions have taken place:

School Health Screenings and Referrals to Health Care providers (2010-2011 School Year – 3,285 screened and 1,098 referred).

Students have been seen by a school nurse and returned to class (2010-2011 School Year)

Student Visits: 41,796

Students Returned to Class: 36,980

BMI data has been collected that shows the severity of the childhood obesity epidemic in our LEA. Beginning with the 2007-2008 school year Lawrence County showed an overall BMI rate of 42.2%. The following 2008-2009 school year we were at 39.4%. During the 2009-2010 BMI data was at 40.2% and for 2010-2011 student BMI data overall reduced to 37.2%. Overall comparison for the years 2007-2008 and 2009-2010 reduced by 2% are essentially the same group of students screened. The 2008-2009 and 2010-2011 school year are also students in their similar grouping. Their BMI data decreased by 2.2%.

Many items have been purchased with CSH funds to enhance school health efforts. Examples of items purchased include walking tracks, Michigan Model curriculum, Take 10! curriculum, playground equipment, physical activity equipment, medical equipment for school health screenings, providing substitute nurses to assist in school nursing when a regular school nurse is absent and to aid with proper assessment during scoliosis screenings for 6th graders.

Professional development has been provided to counselors, physical education teachers, and nurses. Examples include TAHPERD, RHAT, diabetes updates, TASN school nurse conferences, TSNA (Tennessee School Nutrition Association).

School faculty and staff have received support for their own well-being through Weight Watchers, flu vaccination clinics, blood pressure clinics, and health education/wellness programs,

Specific interventions have been made in the following areas to address childhood obesity and behavioral health issues:

- Health Education Interventions – Michigan Model curriculum in each of the K-12 schools, Take 10! curriculum for K-5 grades, facilitated diabetes prevention information to students by School Nurses, facilitated diabetes education to parents by school nurses, and updated CSH website that includes linkage to all types of health education;
- Physical Education/Physical Activity Interventions – Walking Works for K-5 thru Blue/Cross Blue Shield, walking tracks, improvement to elementary school playgrounds, and physical activity equipment and supplies;
- Nutrition Interventions – Registered Dietician who assists Supervisor of Food and Nutrition in meal planning for students, received Fresh Fruit and Vegetable Grant, presently serving to Ingram Sowell Elementary School Summer Feeding program, removed 2% milk from all schools. Only offering 1%, and 0.5% skim milk, and all cafeterias are offering a minimum of 3 servings of dark green/orange vegetables;
- Mental Health/Behavioral Health Interventions – LEA approved new mental health policy/guidelines, LEA established a mental health team to address on-going mental health issues, mental Health 101 training to all teachers and staff, MOUs with Centerstone Mental Health Center and LifeCare Mental Health Services, and educational training in bullying, and cyber bullying for school counselors

In such a short time, CSH in the Lawrence County School System has made significant contributions to the well-being of our students and staff which in turn has addressed numerous non-academic barriers to student academic achievement.

For more information concerning Coordinated School Health (CSH), please contact the Coordinator.

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